



Three Gaits

Therapeutic Horsemanship

2019 Annual Report



About Three Gaits

Founded in 1983, Three Gaits Therapeutic Horsemanship Center has grown to become one of the region's premier therapeutic horsemanship facilities, providing recreational and therapeutic activities for hundreds of participants each year, and hosting industry-standard training events for instructors and therapists. Our mission is to provide equine-assisted activities and therapies that enhance the lives of people with physical, emotional and/or intellectual challenges. Located on 20 beautiful acres outside of Stoughton, Wisconsin, Three Gaits is recognized as a Premier Accredited Center by the Professional Association of Therapeutic Horsemanship (PATH) International. Out of 20 PATH member centers in Wisconsin, Three Gaits is one of only three to hold this accreditation.



Instructor and Therapist Training

Therapeutic riding is not officially regulated, meaning that anyone can start a business and call it a therapeutic horsemanship center, regardless of whether they have any real expertise. As a result, there are many unskilled, untrained instructors out there providing services of questionable quality. Three Gaits is committed to elevating the quality of instruction and therapy in our field. Our instructors and therapists maintain their credentialing via compliance with PATH International standards and continuing education requirements.

American Hippotherapy Association (AHA) Therapist Training

Three Gaits occasionally hosts hippotherapy workshops for physical, occupational and speech therapists and other professionals interested in incorporating hippotherapy into their arsenal of treatment tools. These workshops are AHA-approved, and have attracted participants from across the United States. All of our therapists have AHA training.

PATH International Workshop and Certification

Three Gaits hosts workshops that provide instructors with the skills and credentials to become PATH certified therapeutic riding instructors. We hosted a workshop for the "Registered" level of PATH certification in 2019 for 16 participants.



We are proud of our program's accreditation as a PATH International Premier Accredited Center, and of our instructors' and therapists' PATH International certification. Many of our instructors are PATH International mentors and share their expertise by mentoring other individuals seeking PATH International instructor certification, helping to expand availability and improve quality of regional programs.



Programs

Therapeutic Riding (Sport/Recreational)

Therapeutic riding contributes to the cognitive, physical, emotional and social well-being of individuals with special needs. Our therapeutic riding classes incorporate education, competition, therapy and recreation into horseback riding. Three Gaits instructors have received comprehensive training in helping therapeutic riding participants enjoy the benefits of this rewarding activity. There are currently only six instructors in our four-state region certified at the Advanced level by PATH International, and three of them are here at Three Gaits.

Hippotherapy

Hippotherapy is an evidence-based treatment tool that uses the movement of the horse as part of an overall strategy for addressing functional limitations in patients with neuromotor and sensory dysfunctions. Physical therapists, occupational therapists and speech/language pathologists may incorporate hippotherapy sessions into a patient's integrated treatment plan as a tool for achieving well-defined functional goals.



Unmounted Horsemanship Activities

For participants with limitations that prevent them from riding a horse and/or those who are interested in opportunities to learn about horse care and horsemanship skills in a safe environment from the ground, we provide Unmounted Horsemanship Activities.

Participation

In 2019, Three Gaits offered over 3,000 equine assisted activities (units of service) to approximately 317 participants. This translates to 85-130 people each week during the 36 weeks of regular program activities, plus an additional 50+ children each year in field trips to our program. People served by Three Gaits have challenges with conditions such as autism, Down syndrome, learning disabilities, spina bifida, muscular dystrophy, cerebral palsy, brain injury, as well as other numerous disabilities and special needs. Most participants have both intellectual and physical disabilities. Approximately 80% of our participants are children.

Our Horses

15 equine partners helped us serve our participants in 2019. Our horses are carefully selected for special characteristics that make them well-suited for the work we do. All of the horses we collaborate with have exceptional dispositions, a gentle, responsive nature, and they have a history of sound training and great relationships with their human comrades.

Our Volunteers

Volunteers provide our base of support for many activities and lessons at Three Gaits. Over 300 volunteers contributed nearly 15,000 hours in 2019, a priceless contribution.

Scholarships

In 2019, Three Gaits provided 37 scholarships totaling nearly \$10,100 to riders who are economically disadvantaged. In 2019, Three Gaits had approximately \$11,100 available in scholarship funds, with \$10,000 anticipated in 2020.

Funding Sources

Three Gaits regularly draws funding from a variety of sources including grants from foundations and corporations, private donations, participation fees for riders who can afford to pay them, and fundraisers/special events.

Projected for 2020:

Donations, grants, fundraisers	63%
Program fees	21%
United Way (not just Dane County)	9%
Horse Boarding/sales	7%

Financial Statement

As of December 31, 2019 (independent financial audit/review report conducted annually)

ASSETS

Current Assets

Checking/Savings	76,402.00
Accounts Receivable	23,491.00
Other Current Assets	14,795.00

Property & Equipment	120,762.00
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TOTAL ASSETS	235,450.00
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LIABILITIES & EQUITY

Liabilities

Current Liabilities	24,490.00
Long Term Liabilities	142,375.00

TOTAL LIABILITIES & EQUITY	166,865.00
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Board Members

Directors: David Anderson, Katherine Brewer, Nancy Comstock, Karen Deaton, Matthew Harmelink, Dan Henning, Christie Legler, Anne Staton and Anna Tolle

Staff

Executive Director: Dena Duncan

Interim Executive Director: Mary Ann Roth

Office Administrator: Melissa Lawrence

Office Cleaner: Alexis Fredrickson

Equine Caretaker: Dana Wagner

**Stall Cleaners: Skylar Bush, Adam Lawrence, Carla Lopez, Tom Naughtin, Monica Qui-
nones, Makayla Ramberg, Lindsey Ripp and Lee Weber**

Arena Watering & Footing Maintenance: Ethan Soderbloom

Occupational Therapists: Stephanie Bruschi, Bethany Domoto and Karen Diegel

Physical Therapist: Amanda Pickart

Certified Occupational Therapy Assistant: Emily Gonzalez (Volp)

PATH Advanced Instructors: Dena Duncan, Betsy Kelley, Angela Poster and Katie Roth

**PATH Registered Instructors: Stephanie Bruschi, Bethany Domoto, Karen Diegel, San-
dra Faust, Emily Gonzalez (Volp), Amanda Pickart, Mary Ann Roth and Jessica TeSlaa.**



Message from the President, Board of Directors

Dear Three Gaits family,

As I reflect on 2019, I think of the common quote by Greek philosopher Heraclitus, "Change is the only constant in life." Organizations are like people - evolving and changing with the world around them - and this year Three Gaits continued to grow to serve our community. I must thank you for all of your support this year, from the thousands of volunteer hours to the thousands of dollars in donations that make our work possible. The amazing work of Three Gaits is a reflection of the intense connection of our community to the mission of providing equine-assisted activities that enhance the lives of people with physical, emotional and/or intellectual challenges.



Three Gaits continued to grow, and served a record number of participants over our three 2019 terms. In addition to this great accomplishment, staff also successfully completed the process to renew our PATH Int'l Premier Accreditation status. As one of only three Premier centers in the state, this renewal clearly reflects the high standards held at Three Gaits. I am very proud of all that we have been able to accomplish this year, all while managing the challenge and exciting opportunity presented by a change in leadership. We are grateful to long-time instructor, Mary Ann Roth, for stepping in as Interim Executive Director and helping to guide Three Gaits as we prepared for our new Executive Director, Lauren Cnare, to join us in 2020. Mary Ann is an incredible example of the kindness, brilliance and dedication of our staff.

I am thankful I do not have to go far to hear the stories of the meaningful impact of Three Gaits on the lives of our students, volunteers, staff and families. I appreciate the special relationship that is formed between a student and their equine partner and I am grateful to see it on the faces of our Three Gaits family when each of us steps onto the farm. We hope you will continue to join us in the years to come as we continue to grow and evolve with our people.

Thank you all for your continued support and I look forward to what this family will continue to do together.

Sincerely,
Katie Brewer

President, Board of Directors

Three Gaits, Inc.

Our Generous Donors

\$10,000 and up

Anonymous
Bryant Foundation
Network For Good
Jack DeLoss Taylor Charitable Trust
Epic Systems
David Sensenbrenner

\$1,000 to \$9,999

Timothy Nebel Foundation
Kimberly Stattner
Laurie Albrent
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Roe Jasen Charitable Lead Trust
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Everything's Possible Foundation, Inc.
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Plumpicks, LLC
Wisconsin Horse Council, Inc
Katie Brewer
Alliant Energy Foundation
Bill & Phyl Buzogany
Shillelagh Foundation, Inc.
First Business Bank of Madison
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People's United Methodist Church
EnPro Industries
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The Wahlin Foundation
Knights of Columbus Madison Council No. 531
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Gina & Jim Barden
Madison4Kids
The Comer Family
Veridian Foundation, Inc.
Bob & Jan Mucci
National Guardian Life Insurance
Hubert Trailer Sales, Inc.

\$500 to \$999

United Way of Dane County
American Family Insurance Co.
Oregon Community Bank & Trust
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Vickie Russell
Richard & Jean Asleson
Kraig Van Buren
John & Carol Brewer
Henry & Susan Bassett
James Henderson
Dennis, Christie & LeAnn Legler
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Margo Lessard
McFarland Lioness Club
Terri Grierson

\$200 to \$499

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Dave Skripka & Maria Dybevik
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Madison South Rotary Foundation
Dean Baldukas
Sally Fitzer
Liz Hirsch
Pete Fransee
Karen Kedrowski
Donna Clemons
Scott Fransee
Nancy Comstock
Melissa Rane
American Legion Post 59
Bernice Hughes
Charlene Mathewson
Rita Coshenet
Vince, Allison & Vivian Coshenet
Abby Sprik
Double D Services, Inc.
Doug & Cindy Frank
Kevin Seubert
Allison Coshenet
Carol Schlatter

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Mary Hathaway
Jackie Hansen
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Taylor Imsdahl
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Gressco, Ltd.
Compeer
Kari Elsner
Dan Henning
Culver's of Stoughton
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David Anderson
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Peter & Suzanne McDonough
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Gretchen May
Chris, Natasha & KeiraLyn Hubert
Roto Rooter Sewer Service
Daniel Kujawski
Bridget O'Meara
Equi-shine/Doctor's Choice Supplements
Mark Nelson

Up to \$199

Amazon Smile Foundation
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Marilyn A. Gardner
Madison/Monona Lioness Club
Rachel Meek
Sara Satern
Green Meadows Stables
Joyce Jeardeau
Sarah Grimes
Mary Wick
Carter & Gruenewald Co.
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Shaila Bolger
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Eldon Zimmerman
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MC Reisdorf
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Blain's Farm & Fleet
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LaVon Buehl
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Joann Cartwright
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Mary Ann Roth
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Vania Shih
SmartPak Equine
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Alyson Sotelo Edwards
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Ron & Charlene Volp
Dana Wagner
Wal-Mart Stoughton
Christine Weidner
Deb Whitney
Jennifer Williams
Wrangler Jeans

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Lynn Halme

Babe Conney

Marv Conney

Bebe Mary Hathaway

James & Annette Dudgeon

Corie Lovejoy

Epic Systems

Cullen Link

Mary Link

David Tresch

Paul Tresch

Dean Hillestad

Insperity Time & Attendance

Dena Duncan

Chet & Donna Thomas

Denny Geller's birthday

Barb & Al Simon

Minnie Kahn

Ella Deininger

Thomas & Elaine Walstad

Jacob Barth

Phil & Sue Barth

James & Lorraine Cosgrove

Don Cosgrove

Joyce Jeardeau

Dennis, Christie & LeAnn Legler

LeAnn Legler

Joyce Jeardeau

Dennis & Christie Legler

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Michael Girdaukas

Gary & Martha Girdaukas

Noelle Nassle

Kathryn Suerth-Holmes

Rebel

Michael Scott

Rita A. Giuffre

Tom & Jennifer Vos

Ruth Harbort

Richard Harbort

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Tish Bolger

Susan Beth Louis

Mary Anne Bohne

Denny & Gary Geller

Barbara & Al Simon

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Terry Peckham

Leanne Starr

